

Top Questions to Ask Your Doctor About Pregnancy

1. *When is my baby due?*

2. *How is my due date determined?*

3. *What are prenatal vitamins, and why do I need them?*

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4. *What prenatal vitamins do you recommend?*

5. *How can I tell if the symptoms I'm having are normal?*

6. *When should I call a doctor?*

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7. *How much weight should I gain?*

8. *What remedies do you recommend to ease morning sickness?*

9. *Can you give me a list of medications I can and cannot take?*

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10. *What do you recommend about exercise and specific foods I should eat?*

11. *Are there any activities, medicines, or foods I should avoid while pregnant?*

12. *Is it safe to have sex during my entire pregnancy?*

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13. *Given my family history, are there special genetic tests you think I should have?*

14. *Am I at high risk for any problems during pregnancy?*

15. *How often will I need to see you?*

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